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When you get into the office in the morning, what techniques do you use to identify what needs to get done first?

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One common technique is called the Pareto principle, also known as the 80/20 rule.



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This technique can help you determine and prioritise your highest-impact tasks, increasing your productivity throughout the day.



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What is the Pareto principle?

The Pareto principle states that for many outcomes, roughly 80% of consequences come from 20% of causes.

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In other words, a small percentage of causes have an outsized effect.

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This concept is important to understand because it can help you identify which initiatives to prioritise so you can make the most impact.



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This phenomenon also goes by a couple of different names:

- 1. Pareto principle
- 2. The 80/20 rule
- 3. Law of the vital few
- 4. Principle of factor sparsity



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The 80/20 rule is not a formal mathematical equation, but more a generalised phenomenon that can be observed in economics, business, time management, and even sports.

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General examples of the Pareto principle:

20% of a plant contains80% of the fruit

80% of a company's profits come from 20% of customers

20% of players result in80% of points scored

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